

# North West Leicestershire Mental Health Café Hopper

Provided by MRC Community Action

We want those that need mental health support to access our local neighbourhood cafés, but we know that sometimes just getting there can be difficult.

This is where the NWL Mental Health Café Hopper can help!

Whether you haven't got transport or are struggling to leave your home on your own, our friendly driver will collect you from your home or another agreed location to bring you to the Coalville Café (MRC, 10am – 1pm) or the Measham Café (Age UK, 4-7pm), and return you home afterwards.

The service is available on Tuesdays, and you can either call on the day before 4pm, or book up to a week in advance



Call 01530 510515  
or 01530 512456  
to arrange.

